

SpectraCell Micronutrient and Genetic Tests

Unlock your potential for a healthy lifestyle. Gain insight into the lifestyle choices that will help you become healthier and more energetic through micronutrient and genetic testing.



Micronutrient Test

Are you taking too many supplements? Not enough? SpectraCell's **Micronutrient Test** evaluates how your white blood cells respond to varied environments of over 32 vitamins, minerals, amino acids and antioxidants. These results along with an assessment of your personal health factors can allow us to design a nutritional plan for you.



CardioMetabolic Risk

Provides an overall pre-diabetes risk score

Poor blood sugar regulation and unhealthy triglyceride and lipoprotein levels often present long before the diagnosis of type 2 diabetes. The CardioMetabolic Risk panel helps define risk of atherosclerotic cardiovascular disease and progression toward type 2 diabetes.



MTHFR Genotyping

Methylation is a process that helps your body detoxify and helps your enzymes, hormones, and genes work more efficiently. **MTHFR Genotyping** reveals how well your body can "methylate" – an important factor in overall health.



Apolipoprotein E (ApoE) Genotyping

The Apolipoprotein E gene is involved in the metabolism of cholesterol and triglycerides. **ApoE Genotyping** has important implications in cardiovascular disease risk and your response to therapy and other risk factors.

Test/Service	No Insurance	Insurance	Medicare
Micronutrient Test (blood test)	\$390	\$190	\$88
CardioMetabolic Risk (blood test - fasting)	\$150	\$60	\$0
MTHFR (blood test)	\$140	\$40	\$0
ApoE (blood test)	\$140	\$40	\$0
Processing, interpretation and results review - <u>required</u>	\$95	\$95	\$95

How do I get started?

- Call Wellness ReSolutions (614 733-9737) to schedule an appointment for sample collection.
- Bring your health insurance card for lab submissions.